

PE AS summer homework

- Print off a practical log book you should be filling this in now, especially for summer sports (eg) cricket. Go to curriculum data, PE, EAPI resources..
- one sport for OCR A level PE and it is assessed mainly on skills.
- Download the OCR practical criteria from the website > OCR exam board, subjects, PE & sport, AS/A level, PE H155, guide to non-exam assessment. Download it and save it in your homespace/USB. Specifically page 34/35 lists all the sports.
- Decide which sports you are going to do for A level PE.
- Print off the criteria for the sport you are performing in for A level PE. It must be one that is in the OCR list.
- Write down your strengths & weaknesses for your chosen sport