## A LEVEL PE INFORMATION FOR Y11 into Y12 STUDENTS

Firstly, may I say how delighted I am that you have chosen to study PE at A-level. I anticipate that over the next two years your enthusiasm, knowledge & understanding for PE will deepen a great deal. The A level PE work we would like you to have a go at will help you prepare for starting the course in September. You need to hit the ground running & all the work we asking you to complete will help a speedy start when you return to school.

As you may well be aware, A-level study requires a high degree of independence and commitment to personal study and the playing of your chosen practical activity (which I know will be very difficult at the moment). This is most rewarding when students are well organised and foster your own 'love of learning'. The majority of you will develop excellent independent study skills which I hope will start now. However, experience has taught us that some students struggle with organisation and this can affect them reaching their potential.

Having the correct equipment is essential to aid learning & meeting deadlines is crucial. Reading & making notes above and beyond topics will enable you to have a clearer understanding of the subject content.

## Equipment and Organisation

Each A-level PE requires students to have the following:

- A ring binder file
- Dividers. Look at the A level PE spec OCR exam board & prepare your folder now for September.
- A pad of A4 lined paper
- Green pen
- A fully stocked pencil case a range of pen colours for notes and diagrams, a hole-punch and a glue stick are useful
- Homework book which we will provide
- Download the syllabus from OCR website. These can be found on the VLE too.
- Complete a log book for the competitive events they take part in for their chosen practical activity, a requirement form OCR. You can download this off curriculum data PE A level NEA (I know you will not be able to start this as no sport is being played)

Whilst there is access to computers and printers in school, having access to these at home is highly advantageous, as you may be expected to print off work in advance of lessons. You should ideally have somewhere to study that is quiet and free from distraction.

You need to plan your time wisely, This will also help them make sure they plan time to relax and have a social life!

## **READING material**

Older & new textbooks are available from the library to borrow. These cover the AS & A2 content. These contain the necessary content and are perfectly adequate for the course. You can however buy one if you feel necessary.

OCR A level PE year 1 Includes AS John Honeybourne & Sarah Powell. Hodder Education ISBN 978-147-1-85173-5

We look forward to teaching your child and wish them every success in their A-level studies.